



ROYAL MAIL SHIP ST HELENA

Chef de Cuisine: Roy Richards

Today's Dinner Menu

Peppered Mackerel
on a potato salad and accompanied with feta stuffed peppedew

Deep Fried Mozzarella
with honey roasted pears, redcurrant jelly and red wine syrup



Cream of Asparagus & Thyme with Croutons
Chorizo and Vegetable Broth



Crusted Roast Rump of Beef
with a mushroom glaze and red wine gravy

Pan Seared Calamari Steaks
with creamy lemon butter

Parmesan Basket
filled with vegetable stir fry and sweet red pepper coulis

A selection of cold meats and seasonal salads



Galette and Roast Potatoes

Honey Roast Sweet Potato

Broccoli Polonaise



Pecan Nut Pie
with toffee sauce and toffee ice-cream

Traditional Spotted Dick
with warm custard

Coupe Fraise
strawberries, strawberry ice-cream, whipped cream & fruit coulis

Various Ice-Creams & Sorbets



Cheeseboard

Welsh Rarebit